



GERD-Health Related Quality of Life Questionnaire (GERD-HRQL)

Institution: _____ Patient ID: _____ Date __/__/

On PPIs Off PPIs If off, for how long? _____ days / months

Scale:

- 0 = No symptom
- 1 = Symptoms noticeable but not bothersome
- 2 = Symptoms noticeable and bothersome but not every day
- 3 = Symptoms bothersome every day
- 4 = Symptoms affect daily activity
- 5 = Symptoms are incapacitating to do daily activities

*Please check the box to the right of each question which best describes your experience over the past **2 weeks***

- | | | | | | | | |
|----|---|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 1. | How bad is the heartburn? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 2. | Heartburn when lying down? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 3. | Heartburn when standing up? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 4. | Heartburn after meals? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 5. | Does heartburn change your diet? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 6. | Does heartburn wake you from sleep? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 7. | Do you have difficulty swallowing? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 8. | Do you have pain with swallowing? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| 9. | If you take medication, does this affect your daily life? | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |

10. How bad is the regurgitation? 0 1 2 3 4 5
11. Regurgitation when lying down? 0 1 2 3 4 5
12. Regurgitation when standing up? 0 1 2 3 4 5
13. Regurgitation after meals? 0 1 2 3 4 5
14. Does regurgitation change your diet? 0 1 2 3 4 5
15. Does regurgitation wake you from sleep? 0 1 2 3 4 5
16. How satisfied are you with your present condition?
 Satisfied Neutral Dissatisfied

Administered by

Monitored by

Date (mm/dd/yy)

Date (mm/dd/yy)